

What's On in Lisvane

Please contact the event organiser for more details

Women's Institute

Lisvane Memorial Hall
7.30pm 2nd Tuesday of the month
Bev Gambles: 07974391555

Choirs for Good

Old School Community Centre
Tue 6.30pm. alicia@choirsforgood.com

Sporting Memories

Old School Community Centre
Thur 11th 11.15am
Alex Rees: 07739 084085
adminofficer.lisvanec@btinternet.com

Digital Social Club

Old School Community Centre
Meet the team event. Thurs 18th 10am.
lisvanecommunitylibrary@gmail.com

Rock Choir

Lisvane Memorial Hall
Thur 10.30am. Tel: 01252 714276
office@rockchoir.com

Rhymetime | Storytime

Community Centre Library
Tues 10am | Tues 10.30am

Little Fizz

Old School Community Centre
Weds. Toddlers 9.40am, Babies 10.30am
Emily Quinn
www.littlefizz.co.uk

Boccia Group in Association with Parkinson's UK

Old School Community Centre
Mon 8th 2pm
pmcleary@btinternet.com

LIFT

Low Impact Functional Training
Old School Community Centre
Wed 1.45pm
Charlene: 07494 679270
info@fitfampt.co.uk

Sweaty Mama

Old School Community Centre
Thur 9.45am
Chloe: 07950 429223
chloehouston@sweatymama.com

babyballet®

Old School Community Centre
Mon, Thur, Fri, Sat
Miss Holly: 07868950401
cardiff@babyballet.co.uk

Miss Victoria School of Ballet

Lisvane Memorial Hall
2-18yrs Tue & Fri, 18yrs+ Thur 6pm
Miss Victoria: 07552521362
admin@missvictoriaschoolofballet.com

Combination Dance 6yrs+

Old School Community Centre
Thur 5pm & Sat 12pm
info@justonetheatre.co.uk

Bollywood Dance

Old School Community Centre
Wed 6pm

Dynamic Yoga

Old School Community Centre
Mon 6.15pm & 7.30pm, Thur 7.30pm
Michelle: 07970 799974
michellegriffithsyoga@gmail.com

Chair Yoga

Old School Community Centre
Thur 9.45am
Mo: 07816 838396
yogamo@barneymoon.co.uk

Your Yoga

Lisvane Memorial Hall
Mon 6.45pm, Tue 10.30am, Thur 6pm
Karen: 07950 569880
info@youryogacardiff.co.uk

Lazy Yoga

Old School Community Centre
Thur 6.15pm
Sarah: 07973 759844

Ruth Thomas Pilates

Old School Community Centre
Wed 12pm
crt-training@hotmail.com

Karate

Lisvane Memorial Hall
5-6yrs Mon & Wed 4.15pm
7-10yrs Mon & Wed 5.40pm
10-70yrs Wed 6pm Tel: 07710620459
karatekids@cardiff.co.uk

Age Cymru Tai Chi

The Old School Community Centre
Thur 11.30am. Mary Bye
mary.bye.47@gmail.com

Cafe 19thirteen

Old School Community Centre
Coffee Morning, Wed 10am

Lisvane 50+ Club

Memorial Hall. Weds 31st 2pm
bobandolivedobson@tiscali.co.uk

Lisvane Bridge Club

Old School Community Centre
Mon 7pm & Tue 1.30pm
John Basford: 07392442799
johnbasford1940@gmail.com

Bridge

Lisvane Memorial Hall. Fri 1pm
butlerkeith@hotmail.co.uk

St Denys Church

Traditional Holy Communion
Sun 9.15am, Wed 10.15am
and 2nd Sun of the month 8am
Contemporary Service: Sun 11am
Choral Evensong: 4th Sun 6.30pm
revdjamesgriffiths@gmail.com

St Denys Church Youth Groups

Ablaze: Sch yrs 10-13, Mon 7.30pm
Sunday Splash: Sch yrs 1-6, Sun 11am
Impact: Sch yrs 6-9, Wed 7.30pm
(Al)mighty Boosh: Sch yrs 1-5,
Tue 5.30pm. ali@stdenyschurch.org.uk