



# LISVANE

Who? What? Where?

Organisations, clubs and groups in the village



Issue No 3 / October 2022

This Information Booklet  
is available to download at  
[www.lisvanecommunity.org.uk](http://www.lisvanecommunity.org.uk)



# LISVANE

## INTRODUCTION

This information booklet has been produced by the Lisvane Community Council and the Lisvane Community Association in response to feedback from the Village Plan survey. Its purpose is to ensure that residents are aware of the range of groups and activities available within the community.

The booklet includes information on places to hire, groups and clubs, schools, youth activities and volunteer organisations. Brief descriptions and contact details have been included to enable further information to be obtained. In many cases further details can be obtained on the:

### **Community Website:**

[www.lisvanecommunity.org.uk](http://www.lisvanecommunity.org.uk)

### **Facebook**

[www.facebook.com/LisvaneVillage](http://www.facebook.com/LisvaneVillage)

### **Twitter**

[www.twitter.com/LisvaneVillage](http://www.twitter.com/LisvaneVillage)

**Information on current events can also be found in the Lisvane Link, the monthly village magazine.**

All information included here is correct at the time of going to print.

To report inaccuracies or omissions, please contact:

Clerk to the Council:

Haydn Davies

Tel: 07979 530278

### **LISVANE COMMUNITY COUNCIL [LCC]**

Chair (changes annually):

See Community Website

Clerk to the Council:

Haydn Davies

Tel: 07979 530278

### **LISVANE COMMUNITY ASSOCIATION [LCA]**

Chair: Chris Williams

Tel: 2068 9339

Secretary: Colin George

Tel: 2074 7527

Treasurer: Mick Archer

Tel: 07540 200711

Membership fee is currently £10 per annum. This fee includes the "Lisvane Link" magazine monthly (except August)

### **LISVANE LINK**

Editor: Glen Patterson

Tel: 2088 5389

[lisvanelinkeditorial@gmail.com](mailto:lisvanelinkeditorial@gmail.com)

Advertising: Victoria Morgan

Tel: 07739 568 204

[lisvanelinkadvertising@gmail.com](mailto:lisvanelinkadvertising@gmail.com)

If you are interested in receiving the Lisvane Link, please contact:

Mick Archer Tel: 07540 200711

[archer.co@sky.com](mailto:archer.co@sky.com)

### **LOCAL MP**

Anna McMorris

Enquiries Tel: 0207 219 4307

[anna.mcmorris.mp@parliament.uk](mailto:anna.mcmorris.mp@parliament.uk)

[www.annamcmorris.co.uk](http://www.annamcmorris.co.uk)

### **LOCAL AM**

Julie Morgan

Office Tel: 0300 200 6241

[julie.morgan@senedd.wales](mailto:julie.morgan@senedd.wales)

[www.juliemorgan.wales](http://www.juliemorgan.wales)

### **LOCAL COUNTY COUNCILLORS**

Cllr Sian-Elin Melbourne

Email: [Sian-elin.melbourne@cardiff.gov.uk](mailto:Sian-elin.melbourne@cardiff.gov.uk)

Phone: 07976 767928

Cllr Emma Reid-Jones

Email: [Emma.reidjones@cardiff.gov.uk](mailto:Emma.reidjones@cardiff.gov.uk)

Phone: 07977 395633

Cllr John Lancaster

Email: [John.lancaster@cardiff.gov.uk](mailto:John.lancaster@cardiff.gov.uk)

Phone: 07779 975500

## **LISVANE / LYS-FAEN**

meaning 'Stone Court'

(Ilys – court and faen/maen – stone)

# LISVANE

## INTRODUCTION

### COMMUNITY LIBRARY

Volunteers run the Community Library in the Old School Community Centre. It is also possible to order books from Cardiff Council Library. Internet access is available.

Open: Tuesdays 11.30 am – 15.00 pm

Wednesdays 11 am – 12.30 pm  
and 14.30 pm to 17.00 pm

Fridays 10.00 - 1.00 pm

Saturdays 10.00 - 3.00 pm

Contact: Email:  
[lisvanecommunitylibrary@gmail.com](mailto:lisvanecommunitylibrary@gmail.com)

Tel: 02922 338402  
(during library opening hours only)

Rhymetime: Tuesdays 10.00am to 10.20am  
For babies and pre-school children  
Storytime: Tuesdays 10.30am to 11.15am  
For older toddlers and pre-school children  
(during term time)

Contact: email  
[lisvanecommunitylibrary@gmail.com](mailto:lisvanecommunitylibrary@gmail.com)

Digital Camera Group: Wednesdays 10.00am  
to 11.00am  
Contact [brianevans@sky.com](mailto:brianevans@sky.com)

### CAFÉ 19thirteen

Café in the Old School Community Centre open Mondays to Saturdays 9 am to 3.00 pm

Contact Ashleigh Fleming  
Email: [info@cafe1913.co.uk](mailto:info@cafe1913.co.uk)  
Mobile 07852 713757

### PACT & NEIGHBOURHOOD WATCH

Community Constable:  
Tony Hughes  
[Anthony.Hughes@south-wales.police.uk](mailto:Anthony.Hughes@south-wales.police.uk)  
Neighbourhood Policing:  
[www.ourbobby.com](http://www.ourbobby.com)

Details of PACT meetings are published in the Link and on notice boards around the village

# LISVANE

## LEISURE, SCHOOLS & NURSERIES

### LISVANE FESTIVAL

The annual 2-week festival is held in June and involves a wide range of community groups.  
Contact: Pat Harding Tel: 2076 2816

### PLACES TO HIRE

#### OLD SCHOOL BUILDINGS

- Small and large rooms to hire with access to toilet facilities. The on-site café can provide catering on request.

Free WiFi and internet access available

Contact: Haydn Davies  
Tel: 07979 530278

For bookings Email Bookings Secretary at:  
[bookings@lisvanecommunity.org.uk](mailto:bookings@lisvanecommunity.org.uk)

#### MEMORIAL HALL

- Large and small halls and committee room for hire for private parties, weddings and other events.
- Fully equipped kitchen.
- Stage with lighting and sound system, projector and wi-fi facility.
- Alcohol and performance licences.

For further information and to check availability [www.lisvanememorialhall.co.uk](http://www.lisvanememorialhall.co.uk) or email [contact@lisvanememorialhall.co.uk](mailto:contact@lisvanememorialhall.co.uk)

### LLYSFAEN PRIMARY SCHOOL

Due to regular bookings, not available weekday evenings, but possible to hire at the weekends for one-off bookings.

Contact Mrs Kate Gillard on 02920 756071 or Email: [llysfaenprm@cardiff.gov.uk](mailto:llysfaenprm@cardiff.gov.uk)

### SCOUT HALL

For Hire visit: [www.scoutll.org.uk](http://www.scoutll.org.uk) to book

### PARKS, PLAY & LEISURE FACILITIES

#### CEFN ONN PARK

Off Cherry Orchard Road opposite Lisvane and Thornhill station. See also details under "Friends of Cefn Onn".

#### CHILDREN'S PLAYGROUNDS

Heol-y-Delyn and Millheath Drive.

#### COED-Y-FELIN WOODS

Over 16 acres of natural woodland situated between Heol Cefn Onn and Millrace Close. See also details under "Friends of Coed-y-Felin".

#### ALEXANDER GARDENS

Small planted seating area situated between shops on Church Road and Plas-y-Delyn.

#### CHURCH FIELD

Accessed through small gate by church or footpath off St Mellons Road.

## **NANT FAWR TRAIL**

The Nant Fawr Trail is the latest river corridor developed by Cardiff Council. The 12.8km trail connects Waterloo Gardens in the south with the Ridgeway Footpath in the north and passes through Roath Park, Nant Fawr Meadows, Coed-y-Felin Woods and Cefn Onn Park. Details about the Trail are available on the Lisvane Community Council website. A leaflet is available in the Community Library.

## **SCHOOLS**

The following schools are attended by the children of Lisvane.

### **LLYSFAEN PRIMARY SCHOOL Rowan Way**

Headteacher: Ms Melanie Jenkins  
Tel: 2075 6071  
llysfaenprm@cardiff.gov.uk  
Please contact the school regarding after school clubs.

### **LLANISHEN HIGH SCHOOL Heol Hir, Llanishen**

Headteacher: Mrs Sarah Parry  
Tel 2068 0800  
admin@llanishen.cardiff.sch.uk

### **CHRIST THE KING ROMAN CATHOLIC PRIMARY Everest Avenue, Llanishen**

Headteacher: Mrs Susan Miles  
Tel: 2075 4787  
www.christthekingcathprm.co.uk

## **CORPUS CHRISTI CATHOLIC HIGH SCHOOL**

### **Ty Draw Road, Lisvane**

www.corpuschristihs.co.uk  
Email: bmullins@cardiff.gov.uk

### **YSGOL Y WERN WELSH PRIMARY Llangranog Road, Llanishen**

www.ysgolywern.co.uk  
Email ysgolywern@cardiff.gov.uk

### **YSGOL GYFUN GYMRAEG GLANTAF Bridge Road, Llandaff North**

Head: Mr Matthew Evans  
www.glantaf.cymru  
ysgolgyfunlantaf@caerdydd.co.uk

### **TOMORROW'S GENERATION Dyslexia Education**

Located at the Old School, Llwynypia Rd, CF14 0SX  
Head: Emma Edwards Tel: 07385 627231  
admin@tomorrowsgeneration.co.uk

## **NURSERIES**

### **TREETOPS PLAYGROUP**

Held in the Scout Hall, Heol-y-Delyn.  
Caters for children aged two and a half to five years.  
Contact: Lucy Kemp Tel: 07763 917 724  
e-mail: info@treetopsplaygroup.co.uk  
www.treetopsplaygroup.co.uk

### **LLYSFAEN PRIMARY SCHOOL**

The village primary school has a nursery class for 48 children (half days) from the term after their 3rd birthday.

# **LISVANE**

## **GROUPS & YOUTH GROUPS**

### **PRESCHOOL GROUPS**

#### **BUBBLES**

Fun for babies and pre-schoolers at the Memorial Hall Mondays 9:45 -11:15 am  
Contact: Nia James  
kidz@lisvanebaptist.com

#### **GROUPS**

#### **ART WORKSHOP**

Meets on Tuesdays in the Memorial Hall at 1:30 pm. The group usually holds an annual exhibition of members' work each autumn.  
Chairman: Ian Philpot Tel: 07854 223732  
www.lisvaneartworkshop.uk

#### **BALLET**

**Babyballet Cardiff** meets in the Old School Community Centre  
Mondays 9:10am to 11:10am  
Thursdays 2.15pm – 2.50pm  
and 3.40pm – 5.05pm  
Fridays 9:30 to 12:15 and 1:00pm to 1:35 pm  
Saturdays 9:30 am to 11:50 am  
www.babyballet.co.uk/cardiff  
Email: cardiff@babyballet.co.uk

**MVSOB Miss Victoria School of Ballet** held in the Memorial Hall at following times Tuesday 16:00 – 21:30, Wednesday 17:00 – 19:00, Friday 16:00-21:00

**MVSOB Silver Swans** in the Memorial Hall Tuesday 14:00-15:00 Contact: admin@missvictoriaschoolofballet.com

### **BOOK CLUBS**

Contact Mary Bye 2075 6618

#### **BRIDGE CLUB**

Meets in the Old School every Monday at 7.00pm and every Tuesday at 1:30pm  
Contact: John Basford Tel: 02920 616156  
Also Wednesday and Friday afternoons at the Memorial Hall

Contact Keith Butler Tel: 07817 749242  
Email: butlerkeith@hotmail.co.uk

#### **CHOIRS FOR GOOD**

Meets in the Old School  
Tuesdays 6:15 to 8:15 pm  
Alicia Stark Alicia@choirsforgood.com  
Tel: 07897 000724

#### **CHURCH GROUPS**

St Denys Church in Wales  
Lisvane Baptist Church  
Both churches run a range of groups.  
See under Religious Organisations.



## GROUPS & YOUTH GROUPS

### DIGITAL CAMERA

Held in the Community Library on Wednesdays 10am-11am.  
Contact: brian-evans@sky.com,

### DRAMA

Lisvane Players meet at 7.30pm on Thursdays in the Memorial Hall whilst rehearsing a production during term time and put on a range of productions throughout the year. New members welcome.  
Contact: Angela Goddard  
029 2075 6660

### HISTORICAL SOCIETY

No longer meets regularly but continues to collect and archive material of historical importance to the village. If you have any photos, videos or documents relating to Lisvane's past they would be pleased to hear from you.

Plans to recommence in the Autumn.  
Contact: Gillian Lawson Tel: 2075 3868

### LLYSFAEN SINGERS

The choir meets at 7.30pm on Wednesdays in the Memorial Hall. New members welcome.  
No audition necessary.  
www.llysfaensingers.org  
Secretary Martin Bye 2075 6618

### MEN'S SHED

Set up to provide emotional support and combat loneliness  
Meets in the shed at the Ty Mawr  
Contact: Chris Griffiths  
Email: Griffiths\_clark@icloud.com  
Phone 07449 009171

### NORDIC WALKING GROUP

Meets every Monday at 10:00  
Contact: Steve Finch  
Email: finch7665@btinternet.com

### ROCK CHOIR

Meets in the Memorial Hall on Thursdays from 10:00 until 12:00  
Contact: paul.mansford@rockchoir.com

### ROTARY CLUBS

Cardiff East  
Contact: cardiffeastrotary@gmail.com  
Cardiff Breakfast  
Contact: info@cardiffbreakfastrotary.org  
Cardiff Llanishen  
Contact: administration@llanishenrotary.org

### ST DENYS LADIES GUILD

Secretary: Miriam Beecroft  
Tel: 07762 570 931

### SOUTH RISE LEISURE GARDENERS

Contact: Alan McCoy 07801 801510

### TIME TO TALK

Afternoon tea/coffee and biscuits with a "Thought for the Day". Held in the Memorial Hall every Thursday from 2:00 until 3:30 pm Everyone welcome  
Contact Lesley Scarratt  
lesley@dybydx.net

### 50+ CLUB

Meets on the last Wednesday of the month in the Old School at 2pm.  
Contact: Tony Cousins Tel: 2076 4871

### WATERCOLOUR CLASS

Held in the Old School on Tuesdays from 10:00am-12:00am.  
Contact: Sheila Pickard  
Email: pickard.s@btinternet.com

### WOMEN'S INSTITUTE

Meets on the 2nd Tuesday of the month (excluding August) in Memorial Hall at 7.30pm.  
President: Bev Gambles  
Tel: 07974 391555

### YOUTH GROUPS

#### BROWNIES

Meet on Mondays in the Scout Hall, Heol-y-Delyn at 6pm.  
Brownie Guider: Amanda Coombs  
07557 687537  
second\_lisvane\_brownies@yahoo.co.uk

#### SCOUTS, CUBS AND BEAVERS

Currently meet in Livsey Hall, Llanishen.  
Scouts on Tuesday, Cubs and Beavers on Wednesday  
Group Scout Leader: Hilary Ashton  
Tel: 07811 715281

#### STEPPING STONES

Every evening after school at Lisvane Primary School.  
Contact: 078175 10417

#### YOUTH CLUB

IMPACT YOUTH  
(for children school years 6-9)  
meets Wednesdays from 7:30 to 8:45  
Subs £1 a week Contact: Ali Jensen  
ali@stdenyschurch.org.uk

Children's Group (Al)mighty Boosh  
(for children school years 1-5)

Tuesday 5:30 to 6:45 Subs £1 per week  
Meets at St Denys Contact Ali Jensen  
ali@stdenyschurch.org.uk





**Parc Cefn Onn**  
LISVANE ... Who? What? Where?



# LISVANE

## SPORTS & CLASSES

### SPORTS

#### CRICKET

Play at their new ground in St Mellons and run youth and adult teams.

Contact: Clive Brown (adults)

Tel: 2075 9709

Ian Morgan (youth)

Tel: 2076 3728

Secretary: Andrew Munn

Tel: 01443 204 129

#### FOOTBALL

Lisvane Panthers Football Club encourages youngsters of all ages and abilities to take part in team sport.

They run the following teams: a youth side (under 18), 11 junior sides (ages 12-16 including an under-14 ladies team), and 22 mini sides (ages 7-11).

[www.lisvanepanthers.co.uk](http://www.lisvanepanthers.co.uk)

Bryan Hughes 07831 491500

#### GOLF

Llanishen Golf Club,  
situated off Heol Hir.

Tel: 029 2075 5078

### HORSE RIDING

There are several privately run livery stables in Lisvane and a number of dedicated bridleways. For information on SAFE (Safet Facilities for Equestrians):

Contact: Jo Thornborrow

[jsthornborrow@btinternet.com](mailto:jsthornborrow@btinternet.com)

### TENNIS

Lisvane (CAC) Tennis Club has 5 all-weather floodlit courts and a clubhouse used throughout the year. Access is off Cherry Orchard Road, through the metal gate on the access road leading to Lisvane and Thornhill station (opposite Clos Llysfaen).

Open to new members of all ages.

Tennis coaching is available.

[www.clubspark.lta.org.uk/](http://www.clubspark.lta.org.uk/)

LisvaneCACTennisClub

### EXERCISE CLASSES

#### BOLLYWOOD DANCE CLASS

Held in the Old School Wednesdays

6:00 pm -8:00 pm

Contact Sinjini Chakraborty

07460 101005

[sinjinichaks@gmail.com](mailto:sinjinichaks@gmail.com)

#### KARATE

Youth and adult sessions are held in the Memorial Hall on Mondays and Wednesdays. Ages 3-70.

For details Contact: Martyn Harris

Tel: 07710 620459

[www.karatecardiff.com](http://www.karatecardiff.com)

#### SHIBASHI TAI CHI

Mondays 1:30-2:30

Contact Vic Spears

Email: [taichi.vic@icloud.com](mailto:taichi.vic@icloud.com)

### WEGOTTHEVIBE-DANCERCISE

Thursdays 6:30 pm to 7:30 pm

Contact Kiri Jerrett

[mail:kirijerrett2017@outlook.com](mailto:mail:kirijerrett2017@outlook.com)

Tel 07904 648544

### YOUR YOGA CARDIFF

Hatha and Vinyasa classes are held Monday, Tuesday and Thursdays in Lisvane Memorial Hall

Yin classes are held monthly in the Old School

Contact Karen McGrath

on 07950 569880

email [info@youryogacardiff.co.uk](mailto:info@youryogacardiff.co.uk)

## VOLUNTEER & RELIGIOUS GROUPS

### **VOLUNTEER GROUPS**

#### **FRIENDS OF CEFN ONN**

For details of working groups, see noticeboard in the Park.  
Contact: [friendsofcefnonn@talktalk.net](mailto:friendsofcefnonn@talktalk.net)

#### **FRIENDS OF COED-Y-FELIN**

For details of working groups – see Link.  
Secretary: Jonathan Singleton  
Tel: 2074 7710  
Chair: David Jones  
Tel: 2132 8572

#### **GRAIG PROTECTION SOCIETY**

Established in 1972, the Graig Protection Society aims to safeguard open countryside, especially north of the M4. It works with the LCC and Cardiff County Council to keep the footpaths open and organises a series of walks throughout the year. It has recently produced a booklet describing the footpaths around Lisvane.

Chairman: Jon Evans  
Contact: [graiwalking@gmail.com](mailto:graiwalking@gmail.com)

#### **LLANISHEN GOOD NEIGHBOURS**

Offers assistance with transport, shopping and companionship.  
New volunteers welcome.

Contact (weekday mornings):  
Tel: 2075 0751  
[llanishengoodneighbours@hotmail.com](mailto:llanishengoodneighbours@hotmail.com)

#### **LISVANE ENVIRONMENTAL GROUP**

Established by LCC to bring together all the groups involved in environmental activities.

Chair: Cllr John Lancaster  
Secretary: [adminofficer.lisvanec@btinternet.com](mailto:adminofficer.lisvanec@btinternet.com)

#### **LLANISHEN HIGH SCHOOL PTFA**

[pta@llanishen.cardiff.sch.uk](mailto:pta@llanishen.cardiff.sch.uk)  
Contact Mrs Beck 02920 680845  
Steve Fox 02920 680897

#### **LLYSFAEN SCHOOL PTFA**

Secretary Natalie Hughes  
[PTFA@llysfaenprimaryschool.co.uk](mailto:PTFA@llysfaenprimaryschool.co.uk)

#### **RESERVOIR ACTION GROUP (RAG)**

For information see website  
[www.reservoir-action-group.blogspot.co.uk](http://www.reservoir-action-group.blogspot.co.uk)

### **RELIGIOUS ORGANISATIONS**

#### **LISVANE BAPTIST CHURCH**

Meets in the Memorial Hall.  
The Church runs several groups.

Pastor: post currently vacant  
Secretary: Val Dobie  
[val@lisvanebaptist.com](mailto:val@lisvanebaptist.com)  
[office@lisvanebaptistchurch.org.uk](mailto:office@lisvanebaptistchurch.org.uk)  
[www.lisvanebaptist.com](http://www.lisvanebaptist.com)

#### **ST.DENYS PARISH CHURCH**

Vicar: Rev Jim Griffiths  
The Church runs a number of groups and also a church choir.  
Contact Office Tel: 2075 2363  
[office@stdenyschurch.org.uk](mailto:office@stdenyschurch.org.uk)  
[www.stdenyschurch.org.uk](http://www.stdenyschurch.org.uk)

#### **CHRIST THE KING ROMAN CATHOLIC CHURCH,**

Newborough Av, Llanishen  
Contact: Office  
Tel: 2075 3945

#### **CARDIFF UNITED SYNAGOGUE**

Cyncoed Contact: Office  
Tel: 2047 3728

#### **MUSLIM COUNCIL FOR WALES**

Contact: Office  
Tel: 2034 4555

### **PUBS, SHOPS AND BUSINESSES**

#### **PUBS**

**The Black Griffin**  
Church Road Tel: 2074 7399

**The Old Cottage**  
Cherry Orchard Road Tel: 2076 5961

**Miller and Carter Steakhouse**  
Thornhill Road Tel: 2061 3873

**The Ty Mawr**  
Graig Road Tel: 2075 4456

All pubs serve a selection of snacks and meals.

#### **ESTATE AGENTS**

Kelvin Francis, Church Road  
Tel: 2068 9200



## SHOPS, BUSINESSES, HEALTH & TRANSPORT

### SHOPS & BUSINESSES

**Lisvane Stores** Church Road  
Tel: 2075 0323

**Thornhill Farm Shop** (Tue- Sat)  
Capel Gwilym Road Tel: 2061 1707

**H2O Hair Studio** Church Road  
Tel: 2076 6555

**Lisvane Cattery**  
Graig Llwyn Road Tel: 07972 626 865  
www.lisvanecattery.co.uk  
enquiries@lisvanecattery.co.uk

**Milk Delivery** Paul  
Tel: 07894 428 708

**Premier News Delivery** Jon  
Tel: 2076 1747/07873 108 247

**Gardening & Property Maintenance**  
(R.D.M.) Rupert  
Tel: 2075 2181/07970 569 686

### MILL FARM INDUSTRIAL ESTATE

(off St Mellons Rd) Houses a number  
of small businesses employing a total  
of 100 people.

**Contact (general enquiries):**  
Philip Husband Tel: 0777 5798578

**Brookview Garden Services**  
Phil Tel: 07767 602 543

**Admiral Air-conditioning/ Plumbing**  
Andy Tel: 07831 193 581

**Swallow Furniture**  
Des Tel: 07944 185 067

**Nature's Little Helpers**  
Tim Tel: 07970 289 677  
(Honey & Gift Shop)

**CJS Electrics**  
Chris Tel: 02920 689339

**Doggy Days Grooming**  
Lucy Tel: 07780 945 120

**Landcraft**  
Tel: 02920 764609

**Cardiff Mowers (Sales and Service)**  
Tel: 02920 362237

**Lucas Removals**  
Tel: 07973 373609

**Lucas & Cruz (Building & Landscaping)**  
Tel: 07973 373609

**Cobenmia Ltd (Electrician)**  
Tel: 07967 184298

**Douglas Building**  
**Gary Douglas** Tel: 07792 337271

**David Cruse Properties Ltd**  
Tel: 07970 063633

**Rise Construction Ltd**  
Tel: 07903 212454

**Wayne Tutssel Cabinet maker and Joiner)**  
Tel: 07712 653535

**Redstripe (Construction and landscaping)**  
Tel: 07772 051279  
or 07469 997542

**Malcolm Noakes (Builder)**  
Tel: 07970 309541

**Gentles Construction**  
Tel: 02920 736464

**Stone Court Vets**  
Tel: 02920 001413

### GRAPHIC DESIGNER

**Communique24/7 - Digital & Print**  
**Logos, Leaflet & Brand**  
Mark O'Neil - 14, Cherry Orchard Road  
Tel: 0777 302 4031  
mark@communique247.co.uk

If your business operates in or from Lisvane but has not been included here, please contact Haydn Davies (07979 530278) if you would like to be added to the online version of the leaflet.

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# LISVANE

## SHOPS, BUSINESSES, HEALTH & TRANSPORT

### DOCTORS, DENTISTS & OPTICIANS

#### LOCAL GP SURGERIES

**North Cardiff Medical Centre**  
Excalibur Drive, Thornhill Tel: 2076 4444

**Llanishen Court Surgery**  
Station Rd, Llanishen Tel: 2075 7025

#### PHARMACY

**INSYNC Pharmacy**  
2 Heol-y-Delyn, Lisvane CF14 0SQ  
Phone 02920 755682 (option 4)

#### DENTISTS

**Llanishen Dental Centre**  
15 Heol Hir, Llanishen Tel: 2076 1476

**Cedars Dental Practice**  
189 Fidlus Rd, Llanishen Tel: 2068 9099

#### OPTICIANS

**Pearce & Blackmore**  
2 Heol Hir, Llanishen, Cardiff CF14 5AE  
Tel: 2075 4314

**J A O'Connor Davies**  
3 Thornhill Rd, Llanishen Tel: 2075 4659

**Soulsby and Darlington**  
38A Station Rd, Llanishen Tel: 2076 6977

If your business operates in or from Lisvane but has not been included here, please contact Haydn Davies (07979 530278) if you would like to be added to the online version of the leaflet.

# LISVANE

## USEFUL PHONE NUMBERS

### Police (non-emergency)

Tel: 101

### Cardiff County Council

Highways Tel: 2087 2087

### Trading Standards

Tel: 2087 2059

### Connect to Cardiff - Help Centre

e-mail: [c2c@cardiff.gov.uk](mailto:c2c@cardiff.gov.uk)

### TRANSPORT

#### TRANSPORT FOR WALES

Regular service from Lisvane and Thornhill station to Cardiff Central, Penarth and all stations to Rhymney.

Further information:  
[www.arrivatrainswales.co.uk](http://www.arrivatrainswales.co.uk)

Customer service:  
Tel: 0845 606 1660

#### CARDIFF BUS

Route 86 Service  
from Lisvane to city centre  
operated by Adventure Travel

Further information [www.adventuretravel.cymru.com](http://www.adventuretravel.cymru.com)

Route 27 (departs from Sainsbury's)  
– Quarter hourly service to City Centre.

Further information:  
[www.cardiffbus.com](http://www.cardiffbus.com)



